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A colouring-based mindfulness activity for adults and children promoting LGBT+ inclusion

#RerouteYourCommute – 'Colouring Inclusion' Activity

#RerouteYourCommute is raising money to support our LGBT+ inclusion workshops in UK schools in response to the impact of the COVID-19 pandemic, asking those working from home to donate commuter travel savings so we can return to delivery swiftly when schools reopen.

This short activity for all has been designed to help practice colouring-based mindfulness while off school/work, promote inclusion in home learning and support the campaign's promotion.

How to take part:

On the next slide is our printable 'Ticket to Inclusion' template. Using the flags of Pride as your colour palette, draw a picture which tells a story of inclusion and what that journey celebrates.

No printer? Draw your own template. Finished? Discuss your picture with someone in 5 minutes.

Share with us:

We'd love to share your pictures on our social media throughout April ahead of Giving Tuesday. If you would like to share your masterpiece with us, either:

1. Take a photo of your picture and email it to dan@diversityrolemodels.org
2. Scan it and send the file (.jpg) to the same email address (preferred)

Please submit artwork only (no people) **as soon as possible**, including permission for us to use.

Enjoy spending 20-30 minutes on this activity!

#RerouteYourCommute - 'Ticket to Inclusion' Template

The template is a rectangular card with rounded corners and a thick black border. It features a light gray background with a repeating chevron pattern. At the top left, there are three social media icons: Twitter, Facebook, and Instagram. To their right is the 'Diversity Role Models' logo, which consists of a cluster of dots forming a starburst shape. Further right is the hashtag #RerouteYourCommute. A horizontal dotted line runs across the top of the main content area. At the bottom, there are three text fields: 'Destination: Inclusion', 'Starts: Today', and 'Expires: Never'. To the right of these fields is a 'Donate:' section with the URL <http://tiny.cc/RRYC>. A vertical dotted line separates the text fields from the donate section.

  

 Diversity
Role Models

#RerouteYourCommute

Destination: Inclusion Starts: Today Expires: Never

Donate:
<http://tiny.cc/RRYC>

Ticket to Inclusion – Example picture by Robert, 12

