

Symbols of Pride: Primary Activity Pack

Diversity Role Models Pride Month 2025

Building Inclusion Through Play



Pride Month

What is Pride?

Pride Month, celebrated every June in the UK and around the world, is a time to recognise and support the LGBTQ+ community. It is not only about celebrating how far we've come but also continuing to think about what more we need to do to promote equality and inclusion. Events, marches, and festivals take place across the country, celebrating love, diversity, and the right to be yourself.

What are its origins?

The first Pride began as a protest, with its roots in June 1969, when LGBTQ+ people at the Stonewall Inn in New York City stood up against police harassment in what became known as the Stonewall Riots. This sparked a global movement for LGBTQ+ rights. In the UK, the first Pride march took place on 1st July 1972 and it has grown every year, into a vibrant and diverse series of events.

Why do we still need Pride?

While there has been a lot of progress, LGBTQ+ people still face discrimination, inequality and exclusion in many parts of society. Pride is about visibility, community, and standing up for the right to live freely and safely, no matter who you are or who you love.

What can young people learn from it?

Learning about Pride can help foster an understanding of differences, different families and help to build a culture of respect and kindness. Learning about different identities and families helps build empathy, reduces bullying, and shows that diversity is something to celebrate. It can help children who might be LGBTQ+ to feel seen, safe, and supported but also help all students celebrate what makes them unique.

Here is a [link to a video](#) from BBC's Newsround on the History of Pride, which you might like to show your pupils.

About This Pack

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This pack is designed for teachers and caregivers to support them in creating engaging activities for primary age children on diversity, inclusion and equality.

Planning your lesson

The activities are designed to be run in a flexible way to allow them to be used as part of lessons or be adapted for use outside of formal education settings. The activities can form a series of sessions and can support schools with their PSHE and RSHE input.

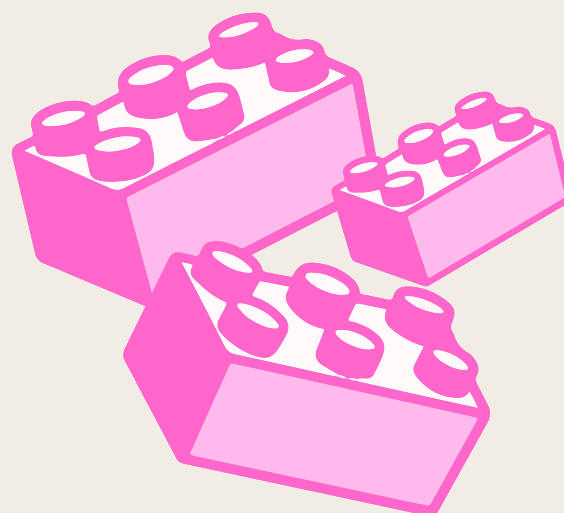
Resources


These activities use LEGO bricks. However, the activities can be adapted to use a range of materials and resources. See the section on adaptations for more information.

Activity videos

Teacher Video: This video is designed to explain to teachers how they can run the activity. Please assess the suitability of the activity for your class.

Classroom Video: This video is designed to be played directly to pupils. You can pause this video to explain the activity further. Please ensure you have watched the video yourself beforehand to ensure the activity is suitable for your group.



 [Watch all videos here](#)

Protected Characteristics

The Equality Act 2010 defines nine protected characteristics that are safeguarded from discrimination.

The nine protected characteristics are age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.

Schools have a legal obligation to promote equality of opportunity, eliminate discrimination and foster good relations between people with these characteristics.

The activities in this pack help explore LGBTQ+ identities and the importance of Pride but the discussion questions and follow-up activities allow for a range of protected characteristics and intersectional identities to be explored.



Symbols of Pride

Activity Objectives

- Children will think about how symbols are an important way that people express their identities
- Children will reflect on what makes them proud
- Children will develop communication and teamwork skills

Activity outline

- Recommended for Years 3 and 4
- This would work well as part of a lesson during Pride Month
- Pupils will need LEGO base plates and an assortment of LEGO Bricks and figures
- Pupils work as individuals to build and in pairs for discussion tasks
- Firstly, ask pupils to discuss what a 'rainbow' means to them and what it might also mean to other people.
- Allow them 5 minutes to build their own model rainbows from bricks.
- Discuss the rainbow flag as a symbol of Pride
- Then, ask pupils to discuss what makes them feel proud. You might share what makes you feel proud.
- Give pupils 15 minutes to build their own symbols of what makes them proud.
- Further details can be found in the Teacher and Classroom videos.
- Please see below for suggested adaptations and follow-up activities.

Teacher Video

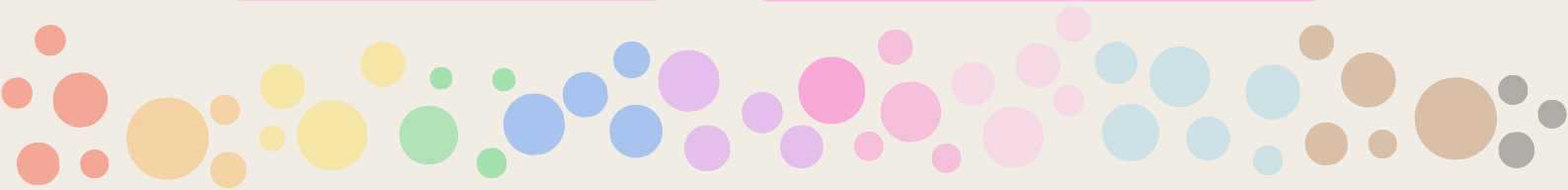
Use this video to understand how the activity works before running it in your class.

 [Teacher video](#)

Classroom Video

Play this video in your lesson directly to students. Please watch the video yourself before hand.

 [Classroom video](#)



Follow-Up Discussions

Follow-up discussions and activities

After running this activity you could have the following discussions:

- Discuss how it might feel if someone in school said you shouldn't be proud of yourself or your family. How would it feel to have to hide what makes you proud?
- Discuss how it feels to see a friend being proud of what makes them unique. Is it good that we're all proud of what makes us unique, even if it's different to others?
- Why is it important to be proud of your family or people who care for you?
- Watch our [Y3/4 Pause, Rethink, Rewind, Be Kind animated video](#) about stereotypes and standing up against unkindness. Where do you think the idea that a boy should not be proud of wanting to be a dancer comes from?
- In pairs, first share what makes you proud with your partner. Then, come up with a compliment and positive message you can tell your partner to celebrate what makes them proud in the format of "My partner should be proud of....because....". The group writes all the messages on sticky notes and creates a Pride Wall.

You could also run the following activities:

- Watch this video of the [history of the Pride flag](#). What do the colours of the Rainbow Flag remind you of? In pairs, write one thing or feeling for each colour. Do we all have the same list?
- Get students to fold a long strip of paper into a concertina. On the front, they write things people might see about them e.g. their gender, race etc. On the other folds, they write all the things people wouldn't know about them from just looking at them such as hobbies, dream jobs, favourite subject etc. Share and discuss the importance of not making assumptions.
- Out of old pillow slips, t-shirts or scrap material design your own superhero cape with symbols and words that show how you are proud of what makes you you, and will help everyone be proud of what makes them them.

Adapting

If you do not have LEGO bricks to hand you can easily adapt the activity:

- Use paper and coloured pencils instead of bricks. Ask pupils to draw their rainbow and their symbols of Pride rather than build it.
- Use a range of other craft materials to create a collage of what makes them proud. These squares could be combined into a class mosaic showing what makes everyone proud.
- Use modelling clay to create their rainbows and symbols as opposed to bricks.
- Use templates of the Rainbow flag and ask students to colour them in with colours that symbolise things they are proud of e.g. green because they care about the environment, blue because they love swimming etc.

Role Model Stories

Diversity Role Models have a range of **Role Model Stories** available on our Vimeo on Demand.


[Primary Role Model Stories: Resource Guide](#)


This resource helps you empower your pupils to be upstanders against prejudice and bullying through the personal stories of our volunteer Role Models together with a range of engaging activities and discussions. It's the perfect resource to mark Pride at your school.

[Find Out More & Watch Here](#)

Contact Details


Get in touch

 [Contact us via our website](#)


 Contact us via email at: education@diversityrolemodels.org

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